

# 2024 Piranha Pentathlon Warm-up Schedule

The building will open at 7:45 am

Session 1 (13 & Over)

Session starts at 8:35 am

1st W-up 8:00 to 8:30 am	
Team	Lanes
PPST	1,2
WWAT	2,3
LIFE	4,5
APEX	5,6
HCY	7,8

Session 2 (12 & Under)

Session starts at 12:30 pm

1st W-up 11:40 to 12:00 pm		Please note: there is a 5 minute buffer between the two warm ups. Please do not line up for the second warm up until the teams in the first warm up have exited the pool. The space behind the blocks becomes too congested.	2nd W-up 12:05 to 12:25 pm	
Team	Lanes		Team	Lanes
PPST	1-8		LIFE	1,2,3
			WWAT	4,5,6
		APEX	7,8	

All swimmers and parents will be in the pool area. We will not be using the gym. No chairs will be allowed on deck.

## 2024 Piranha Pentathlon Timing Assignments

(Each team needs to provide 2 timers for each lane assigned)

Session 1 (Timers meeting @ 8:15 am)		There will be a timers meeting in the hallway outside the pools double doors 20 minutes before the start of the sessions. All times must attend the timers meeting.	Session 2 (Timers meeting @ 12:10 pm)	
Team	Lanes		Team	Lanes
APEX	1		PPST	1
APEX	2		PPST	2
WWAT	3		PPST	3
LIFE	4		LIFE	4
PPST	5		LIFE	5
PPST	6		WWAT	6
HCY	7		WWAT	7
HCY	8		APEX	8